



# **Longevity Forever**

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# **An amazing rejuvenation method for longevity**

## **Our Anti Aging and Health Secret**

This is just may be the most important book that you will ever read. Does this sound hard to believe? Just wait and see! This information is not for people who have are faint of heart, nor is it for the person who cannot think outside of the box. But this info is for older people who really want to be young for as long as possible. It is for the open-minded person who is willing to concede that there are still some secrets to anti aging and eternal beauty that are out there and still are to be discovered.

It took special people to once consider that perhaps the world was not flat, perhaps man could fly, perhaps there was a cure for polio. Now we ask you to consider that perhaps there is a way to reverse the aging process, perhaps there is a way to restore health and vigor, to make people younger, and to reverse the aging process.

I know how many of you feel right now. Shock, disbelief and skepticism have set in. But please bear with me. I don't ask for you to believe me. **I do ask that you keep an open mind**; I do ask that you listen now to what I have to say. Should you not believe me, you can always discard this information later. But if you do not listen to my message, you do not have the opportunity to benefit, to learn how to regain your youth and health, how to reverse the aging process, and how to get the sharp, focused and alert mind that you had as a young person.

For you see, this is information was rediscovered about twenty years ago, but its use to maintain vigor and youthfulness is still pretty much unknown. So if you are an older person who wants to be youthful for many more years, please give us a chance to explain things to you.

We say that this anti aging information was "rediscovered" because the ancients knew this information. A study of the ancient religions of India, Tibet, Egypt, and Israel reveals fascinating evidence that this anti-aging knowledge was possessed by them. Then, during the middle ages, this knowledge was passed on to European sources. At various times it was referred to as manna (the bible), shewbread (The ancient Egyptians), and the Philosopher Stone (the middle ages). Sound wild? Are you brave enough to stick with us? We will discuss this more in a minute.

The concept that a secret substance can be produced from certain metals (gold, silver, platinum, rhodium and iridium) that is capable of expanding consciousness, extending longevity, and enhancing health, is hard to grasp. It is hard to accept. It challenges our most basic belief systems. I know, because I have been where you are right now. Please stick with me for a while longer. I stuck it out, and I am now certainly glad that I did. I sincerely hope that you will stick it

out.

What we have to offer you is not difficult or expensive to try out. So what have you got to lose?

Originally, as practiced by the ancients in the Far East and the Middle East, this mystical material that they had learned to extract from gold was used strictly for spiritual enlightenment and rejuvenation. But later, when this information was transferred to Europe, the emphasis was changed to using the material, now known as “The Philosopher Stone”, to transmute lead into gold.

## **A Historical Perspective**

Right now I am struggling as to how to convince you that this information is true and valid. Let's begin by looking at some ancient historical references to our white powder of gold.

So I will jump to something that we all know about, the bible. Sometimes great truths are hidden right out in the open.

### **The Bible Speaks of It.**

The old testament talks about how, during the Exodus, Moses went up into the mountains to pray for 40 days. See Exodus, Chapter 32; 1-35. When Moses came down, he found that the people had made a golden calf and they were worshipping the golden calf. The bible says that an angry Moses seized the golden calf and burned it, and he then fed the burnt gold to the people. Also, later, during their sojourn through the deserts, the bible says that Moses fed the people a substance that they called "manna", and it sustained them during their time of travail.

This story of Moses, told to me since I was a child, never made sense. You do not burn gold, you melt it. And you cannot feed molten gold to anybody. But, as did everyone else, I never sought to question the bible.

Now, after the years that I have spent researching this subject, I know that Moses had been raised by the Pharaoh's daughter and had access to many of the teachings of the high-ranking Egyptian priests. He had learned their secret of processing gold to extract a white powder that was a powdered monatomic form of gold. This white powder of gold was assimilated by people, and it renewed their DNA in order to reestablish their youthful health and vigor.

It is believed that Moses learned from the Priests that this knowledge of how to make the white powder of gold (that they baked into small loaves known as shewbread) had been given them by the Atlanteans who colonized Egypt some 5,000 years previously.

## **The Far East**

I have in my possession a copy of an ancient Hindu text. It was written by an Indian scholar. This text explains the ancient Indian practice and knowledge of transmuting base metal into gold. Over twenty very exact formulas, as practiced by Indian sages several hundred years ago, for making gold are presented. All of these formulas involve using a base metal (mercury or lead), mixing it with a form of fresh mashed herbs or plants, and performing prayerful ceremonies over the process for some thirty days. The formulas are all very specific that the proper prayerful intent must be present for such processes to proceed. They also stress that only the “pure of heart” will be successful.

This text tells some interesting, if also a bit tragic, stories. It seems that when the British subjugated India, the British authorities learned of certain spiritual gurus who with certain regularity materialized gold. These gurus were forthwith arrested and interrogated to extract their secrets. Under severe interrogation (including torture), some 57 spiritual gurus were forced to reveal their formulas. They, for the most part, and given the circumstances, were willing to give away this knowledge.

When the British authorities tried these formulas, they failed. The gurus had known that this would happen because of the impurity of the British experimenters. Frustrated, and believing that the gurus had withheld necessary information, the British further tortured the gurus. But there was nothing that the gurus could do; without a certain purity of heart and intention on the part of the British people conducting the transmutation process, it could not be successful. All of the gurus died.

Meanwhile there was a prominent guru who had avoided arrest. He knew the secrets. He wished to protest the deaths of his compatriots. He announced to the people that at a certain time on a certain day he would appear at the main gate of the prominent city of Madras. He had a message for the British.

He appeared at the main gate of the city, as promised. He extracted a small cloth bag from his garments. He took an amount of a powdered substance from the cloth bag. He slowly rubbed the powder onto one of the massive iron gates. After a few minutes the heavy, 10 foot tall iron gate suddenly transmuted into gold. The guru quickly disappeared.

This guru had made his point, reminding the British authorities that their lack of purity would mean that they could never replicate what the pure-of-spirit-gurus could do. The British took this massive metal (now gold) gate down, and they shipped it to London where it is believed to still reside deep in the bowels of a British museum.

By the way, the ancient alchemists of Europe were also adamant that a pure heart and purity of intent was a necessary qualification of any alchemist who would attempt to transmute mercury or lead into gold.

One in-depth study of the alchemical tradition of India is told by David Gordon White in his book “The Alchemical Body”. He tells of the widespread use of alchemy by the spiritual leaders of India in the first millennium AD. Then there is the Rig Veda, the ancient Hindu text that extensively discusses the “food of the gods” that is derived from gold. It was believed to be written during the period from 4000BC to 11,000BC. These, as well as many other references, establish that alchemy was a prominent part of the spiritual practices of ancient India.

## Europe

Some scholars will tell you that all of this is balderdash. They insist that this is all a fabricated hoax, and that mankind has never known how to make gold out of other metals. Here I have an interesting bit of information. It is a historical fact that at various times in the past, the governments of Europe passed laws forbidding the manufacture (transmutation) of gold. So I pose the question: If mankind never knew how to make gold, why outlaw it? I await an answer.

In 1317 the new pope, John XXII, issued a decree banning the alchemical production of gold. In 1380 King Charles V also banned using alchemy to make gold.

It is believed that outlawing the manufacture (transmutation) of gold was done for several purposes. First of all, too much gold introduced into the marketplace would have the effect of debasing the established currency. Second, in several instances, the governmental leaders had learned the secrets of alchemical transformation of gold, and they wished to eliminate the competition. Very clever. In one instance, King Henry IV of England coerced an alchemist into revealing his secret process for making gold. Then, after the king had successfully mastered this secret process, the king had the alchemist jailed for life, and then the king passed a law forbidding the alchemical transformation of base metals into gold. King Henry thus had an exclusive!

Also, the Inquisition caused much havoc amongst the alchemists of Europe. Finding themselves very vulnerable to charges of heresy and “witchery”, the alchemists of Europe went underground for many hundreds of years. What few writings of theirs that have survived are of dubious value because their knowledges are so carefully disguised and camouflaged in obtuse writing that it is almost impossible to decipher them.

In France the alchemist Nicholas Flamel was famous for his alchemical knowledge. His works are still studied today, and his residence (in a prominent neighborhood on the left bank) in Paris is now a museum. It was widely known that he made gold. But he was very clever. Although no one could explain where his evident prosperity came from, neither could they ever catch him making gold.

Likewise the person known as Saint Germaine was widely known to transmute base metals into gold. St. Germaine was a friend and confidante to the kings and queens of Europe. He lived extravagantly, always travelling and living in the manner of the royalty. He, too, was clever and

his secrets were never revealed.

In this book we will give you the overview of what we have discovered. This book will tell you everything that you need to reverse the aging process and regain full and total health. But some of you will wish to research this fascinating subject more deeply. For those people, we will also provide a bibliography of the relevant texts that you may wish to verify what we have told you, or to seek greater details of what we are about to tell you

## **How and Why We Age**

There you have it. This is our anti aging secret.

But to understand our secret completely, you have to know how a person ages. Our bodies are made up of millions of cells. Each cell has a life of about seven years. So, every seven years or so, each cell in our body is replaced by a new cell. Within each cell is something that we know as DNA. This DNA is the blueprint for that cell. So when it is time for a new cell to form, the DNA strand within the old cell tells the new cell how to grow. It, in effect, is the blueprint for what the new cell is supposed to look like. So, using this blueprint, the new cell grows up and replaces the dying cell. When you are a young person, the older cell in your body is still in good shape, and its DNA blueprint of what it should be is still very accurate. So the blueprint that it shows to the new growing replacement cell is very accurate, and this the new cell will grow up to look like, and be just like the older cell. Thus people continue to look young and attractive, as their bodies are continually replenished with cells that are young and vibrant.

But as we age things change. A mature person's situation is not the same. Hers or his body has, over the years, been subjected to the harshness of life. Each person has been subjected to the stresses of life. People are also bombarded constantly with toxins in the food, and in the air we breathe. Lack of sufficient rest and relaxation also take a toll. As does emotional weariness. All of these elements tend to damage the DNA strand that is in each cell of each person's body.

Thus it is that older people's bodies are different that the bodies of younger people. For when it is time for an aging cell in an older mature person's body to be replaced, the blueprint that the newly forming cell will need to use as a guide as to what it should look and be like has been damaged. Damaged by accumulated toxins and poisons, emotional stress and exhaustion, the older person's DNA gives a less-than-perfect blueprint of what the new cell should like. Thus the new cell is not quite like the cell that it has replaced. It is less vibrant and healthy. Thus aging sets in.

This, in short, is why men and women age.

## **The Modern Discovery**

So how does this relate to the information that I desire to pass along to you? Well, what mankind discovered long ago, back in ancient times, has been rediscovered. It has been rediscovered that there is a special form of substance that is extracted from certain precious metals (mostly gold) and certain types of sea water. This substance performs the function of renewing and rebuilding the damaged strands of DNA in an older man or woman.

In 1988 a wealthy Arizona cotton farmer by the name of David Hudson set out to analyze the soils on some of his cotton farms. He knew that the Spaniards had mined gold on these lands, and he sought to find out if there were any remaining precious metal deposits. So he sent samples of his soils in to laboratories for analysis. In the resulting chemical and spectrographic analysis, a substance was discovered that did not seem to fit into the modern table of elements. After much further study, it was determined that they had stumbled upon a yet-as-unknown substance. Eventually he realized that he had rediscovered the material that had been known by the ancients for its ability to restore youthfulness and vitality.

David Hudson's full and amazing story is too long to repeat here. But if you choose to "google" on "David Hudson", or "Ormus" or "Ormes", or "White powder of gold" a whole new world of anti aging information will open up to you.

I have spent years researching this subject. I have, over the years, experimented with making certain forms of the element. I have been taking one form or another of the substance for some ten years now. I am sixty-nine years old. I have watched in amazement as my gray hair turned black again, and how the lines and wrinkles in my face have disappeared. I also wonder at the way my memory has improved, and how I now realize that my mind is as sharp as it ever was, maybe even sharper. I relish in showing people a photo that was taken of me when I was 57 years old (twelve years ago), and compare it with a photo that was taken last year. I look younger and healthier in the photo that was taken last year.

But how do you tell people of something that is so unbelievable? I have tried many times. It is difficult. It is discouraging. And I don't particularly blame the people who give me a blank stare and walk off. It does seem unbelievable.

But then I am reminded of the story of penicillin, the first antibiotic. Penicillin was first discovered in 1893. But nobody would try it because it seemed too unbelievable. It was too good to be true. For fifty years no one would try it. Then in 1943, during the medical emergencies of WWII, out of desperation it was tried. It worked! And it, and the other antibiotic medicines that have followed, have changed our lives dramatically.

Well, the open-minded people who read this blurb may just well be like the first brave souls who tried penicillin. These people will be trendsetters. They will be pioneers along with the few others of us who have taken advantage of this wonderful anti aging discovery.

And thank you for listening to my story. If you have gotten to this part of my write-up, I am sure that you are a brave and open-minded person.

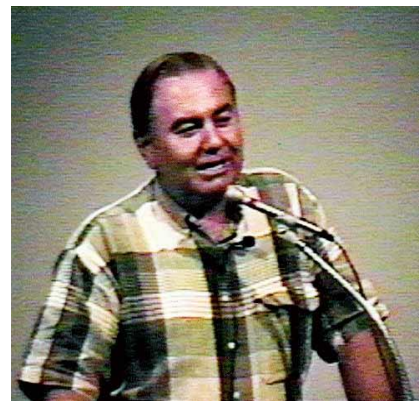
## The David Hudson Story as he tells it

This is part of a transcript of a February 1995 introductory lecture and workshop by David Hudson in Dallas, Texas. It was transcribed from the video tapes which were recorded on February 10 and 11, 1995. The video tapes are available from The Eclectic Viewpoint, P.O. Box 802735, Dallas, Texas 75380. Contact hot line (214) 601-7687.

The video tapes have readable pictures of all of the documents that Hudson references. The serious student of these subjects will find these tapes are worth obtaining. The package of three video tapes costs \$69.95 plus \$5.00 for shipping and handling.

**[David Hudson speaks]** "Basically this is the story of my quest for this material. I wanted to get an understanding of it, to be able to explain what it is. And my work began in this area for all the wrong reasons. I did not understand what I was doing. I didn't understand what the material was and it's only in the last four or five years that I've really come to an understanding, understanding truly of what the material really is. But basically the work began about 1975-76, and my primary interest for getting into this area is, was, like I say, for all the wrong reasons.

I am from Phoenix, Arizona. My father is the ex-commissioner of agriculture in the state of Arizona. My mother is the, was the state Republican's woman chairman. We're ultra-ultra right-wing conservative. Very, very ultra conservative people. All of my farming was done on a handshake basis. I even farmed 2,500 acres on a handshake with the Bureau of Indian Affairs and that's the federal government and no one farms with the federal government on a handshake and a verbal agreement but I did.



Our family is very, very conservative, very highly regarded in the community. All my vehicles have the keys in the vehicles right now. I'm here and they're there. Ah, we just... it's a very small community just outside of Phoenix where, you know, everyone knows everybody. Everybody knows the people going down the road. There just is no theft.

Anyway, when I became involved in this my thinking was to mine and process gold and silver to keep for myself. I was very disillusioned with the federal government's approach to our currency. They were devaluing the dollar, issuing this funny money, what they called Federal Reserve notes which I'm sure most of you people are aware of. They were not backed by gold and silver, and as you make more and more of these dollars they continue to devalue these dollars and you think you are making more money, but in fact all you are doing is moving into a higher tax bracket and paying more and more income tax. And so you have less and less even though you are making more and more.

Anyway, I began buying gold and silver in the Phoenix area as bullion from refiners. Most of it was being refined from sterling silver scrap or electronic scrap. But, ah, a lot of the gold was coming from miners who were processing it by a process called "heap leach cyanide recovery".



And they were heap leaching, um, these old tailings on these mining operations. I became very intrigued with this because we were very interested, in agriculture, in metal salts in our soils. I don't know, I think that here in Dallas it's much the same or further on west in the state, it's much the same as Arizona. We have a sodium problem in our soil. It's called "black alkali" and as the black alkali builds up in your soil you can put sulfuric acid on the soil and the sodium, which makes up the black alkali, becomes sodium sulfate, which is a white alkali. And then is water soluble and will leach out of your soil then. If you don't do this your soil is very oily and the water just won't penetrate and be retained by the soil and it's not very good for your crops.

And so we had been doing soils analysis and this concept of, of literally piling ore up on a piece of plastic and spraying it with a cyanide solution, which dissolves selectively the gold out of the ore. It trickles down through the ore until it hits the plastic and then runs out the plastic and into the settling pond. It's pumped up through activated charcoal where the gold adheres to the charcoal and then the solution is returned back to the stack. And the concept seemed pretty simple, and I decided, you know, a lot of farmers have airplanes, a lot of farmers have race horses, a lot of farmers have race cars... I decided I was going to have a gold mine. And, I had earth movers and water trucks and road graders and backhoes and caterpillars and these kinds of things on the farm and I had equipment operators, and so I decided I was going to set up one of these heap leach cyanide systems.

I traveled all over the state of Arizona, took about a year and a half, and I finally settled on a piece of property. And, ah, did some analysis and all and decided that this was the property that had the gold in it that I wanted to recover. I set up a heap leach cyanide system, began spraying the ore, and sure enough within a matter of a couple days, we hooked it up to the activated charcoal. And we analyzed the solution going in the charcoal. We analyzed the solution coming out of the charcoal and we were loading gold on the charcoal. And, you know, everything is just rosy. We're having a high old time. And I figured I could lose 50 percent per year mining gold and be as well off as buying the gold and paying taxes at 50 percent on the, on the profit with buying the gold. So, if other people had to mine gold and make a living, I could mine gold and lose 50 percent, and be as well off as making the money, paying income tax and buying gold with it. So I figured, hey, I ought to be able to do that.

So, what happened is, ah, we began recovering the gold and silver and we would take the charcoal down to our farm. We'd strip it with hot cyanide and sodium hydroxide. We'd run it through "electro winning cell". We'd get the gold out on the "electro winning cell". And then we would do what's called a "fire assay" where you run it through a crucible reduction. Now I am not going to elaborate on all this because I am not trying to teach anybody "fire assaying". I am just trying to explain the procedures here. This is the time honored procedure for recovering gold and silver and basically, it's, it's been performed for 250-300 years. It's the accepted standard in the industry.

Ah, after we recovered this gold and silver for a couple of weeks, we began to recover something else. And the something else was recovering as if it's gold and silver but it wasn't gold and silver. Our beads of gold and silver were actually getting to the point that you could hit them with a hammer and they would shatter. Now there's no alloy of gold and silver that will become that brittle. Gold and silver are both very soft metals and they don't alloy in any

proportion that would cause them to become hard or brittle. Yet this became very hard and brittle. When we sent it to the standard laboratories for analysis, all they could detect was gold and silver with traces, and just traces, of copper. Something was recovering with the gold and silver. We couldn't explain. And eventually it got so much of this in our recovery system that actually we were losing gold and silver when we recovered this other material. And so, you know, it wasn't supposed to be profitable, it's just supposed to be something that was interesting.

And so I said, "Shut the system down. You know, let's find out what the problem material really is". And chemically we were able to separate the "problem material" from the gold and silver and I had this sample of pure problem stuff, whatever it was. And you have to understand my background is cotton farming. I decided to go into agriculture but I hated chemistry, I hated physics, like most of you. And ah, I decided, well heck, you know if you just pay enough money to the right experts, you can hire enough PhD's, you'll be able to figure this problem out. So I went to Cornell University, where a man had written these papers on doing x-ray analysis and he took the sample of the problem material, which wouldn't dissolve in any acids or bases. It was cobalt blue in color. And he did an analysis on it and he told me it was iron silica and aluminum. I said it's not iron silica and aluminum. He said, "Well sorry that's what the analysis says it is". So, working within Cornell, we removed all of the iron, all the silica and all the aluminum from the sample. We still had over 98 percent of the sample. At this point he said, "Dave, it analyzes to be nothing". (audience laughter)

He said, "Mr. Hudson, if you'll give us a \$350,000 grant, we'll put graduate students to working on it". Well I had paid him about \$12,000 thus far. He told me he could analyze anything down to parts per billion and now he's telling me I had pure nothing. He didn't offer to refund any of my money and so I said, "No thank you, I think for \$350,000 I can get more information than you can". That was about 1981 and basically I embarked on a research program of my own.

I said to myself, "you know, I am going to fund the thing myself and I am going to get the answers to it". **[End of David Hudson speaking]**

## **The Adventure Continues**

So he did. David Hudson proceeded to spend years and several million more dollars researching the mysterious metallic substance that he had discovered. He even employed scientists and laboratories in England, Germany and Russia to assist him. Eventually it was discovered that his mystery element had hither-to-unknown physical properties. And eventually it was presented to David and his researchers that they had rediscovered an element that had been known by ancient civilizations. They also learned that these ancient civilizations had cherished this special element for its spiritual and rejuvenating powers. He first named his special element "the white powder of gold". Later he nicknamed the material "ormus" which was an abbreviation for "the orbitally rearranged monatomic elements of rhodium and iridium that exist in the presence of gold".

At this point in his adventure, David Hudson had spent eight million dollars of his own money on this project. Now he felt that he was ready to build an actual plant to manufacture his white powder of gold. But he needed to raise an additional five million dollars that would be required to build his ormus production plant. It was then that he spent three years touring the US, making personal presentations to interested groups. He raised his five million dollars by selling “shares” on his production project for \$1,000 apiece. By 1996 he had his five million dollars, and construction started on a plant in Tempe, Arizona.



He sent out periodic progress reports to his investors. Each several months they received exciting news as his project headed toward completion. By the end of 1998 the plant was almost ready. Each investor had been promised a steady supply of the “white powder of gold”. They waited expectantly. It was a time of jubilation and celebration. The years of waiting were about to pay off.

The week of the plant startup began. Then disaster struck. At 2:00am one morning, a force of 150 Federal agents swept into the plant, claiming that there was a gas leak of poisonous acid fumes that endangered the community. The plant was shut down. Then federal forces brought in a work force, dismantled the plant, cut all of the steel components into pieces, and hauled them off to an unknown destination. The metal factory building was torn down, cut up, and hauled away. Bulldozers tore apart the concrete foundation and hauled it off. All of this was done without any due process of law. What was left was the bare ground that had existed before David had bought the property. As one sarcastic observer remarked, “The government may have overreacted a bit.”

David Hudson was simultaneously hit with massive lawsuits by the government. He suffered a massive heart attack. He sent out one last, sad, report to his investors telling them what had transpired. Then he dropped out of sight and has not reappeared publicly since.

I know all about this because I was one of his investors. During the years that the plant was under construction, I on several occasions had wondered if the government would allow this knowledge to be made public. Now I had my answer.

So this adventure, I thought to myself, is over. But I was wrong.

## **The Internet to the rescue!**

Six months later something very interesting happened. Formulas for making the white powder of gold and ormus began to appear on several Internet websites. The instructions on these websites even told you how to make it in your kitchen.

Since then, numerous groups around the country have formed to study this material. There are “Ormus Workshops” held at numerous locations. Experimentations have abounded. New, simple methods of making ormus have evolved. Wonderful books such as “Lost Secrets of the Sacred Ark” by the distinguished European historian and researcher Laurence Gardner have hit the marketplace. The Internet abounds with articles, study-groups, DVDs and books on the subject.

So the knowledge of ormus has not been lost this time. But as I am sure that you realize, most of the people in the world are not ready for this knowledge. It seems that the ancients knew to keep knowledge of ormus restricted to the privilege ruling and priest classes. Likewise they restricted the use of it to a few highly select individuals (the priests and ruling families).

For instance, in ancient Egypt, only the Pharaohs and the High Priests could partake of their ormus. It was known to them as shewbread. The ormus was baked into conical loaves of bread that were used in special ceremonies. There are hieroglyphs and wall engravings in Egypt that show the conical loaves of shewbread being presented to the Pharaoh or one of the Gods.

Above is shown a mural picture of the Pharaoh presenting some shewbread to the God Anubis. This mural is at the Temple of Abydos.

## **Special Features of Ormus**

As we progress into more detailed information about ormus, it is time to point out a few special things about ormus. As David Hudson continued to study his “orbitally rearranged molecules of rhodium and iridium that exist in the presence of gold”, he and his researchers began to observe that this “ormus”, whatever it was, had a consciousness. This was really weird. But, as researchers, they had the obligation to honor their observations.

Then they realized that their observations in this regard were totally consistent with ancient writing about this substance. It was the ancient Hebrew priests who would only let specially prepared priests into the presence of their stored ormus. And the ancient Hindu and Vedic texts also referred to the fact that only those who were properly spiritually prepared could prepare the elixir.

And it was the alchemists of the middle ages who always insisted that only the “pure of heart” and those with “purity of intent” who could make the philosopher’s stone.

Suddenly all of this began to make sense. Because this mysterious element, whatever it was, had consciousness, it could sense the consciousness of the people about it. And apparently this

mysterious substance, that we arbitrarily now refer to as “ormus”, chooses to be around people of a higher quality of consciousness. This is very important when it comes to preparing ormus products. Simply put, the higher the quality of consciousness of the preparer, the greater the quantity, and the higher quality of the ormus that is produced.

So when you begin to take ormus, you want to be sure that a person who has a positive mind and is spiritually balanced has produced the ormus. It is also very important that the preparer “declare, or set, his intent to the ormus before he attempts to precipitate it into his product. In this regard, a properly balanced preparer will always say a prayer before beginning his preparation process, asking all of the angelic and nature forces to assist him in his endeavor.

Researchers also eventually discovered that there is ormus in everything. Some things have more ormus than others. For instance, grapes have an extraordinarily large amount of ormus in them. So does the brains of newborn babies. Water has ormus in it, especially water that carries minute amounts of gold and silver in it. Sea Water, heavily laden with minerals including gold and silver, is a treasure trove for the ormus producer.

Other features of ormus that are important to understand are that ormus is sensitive to bright light, electrical fields and magnetic fields. So I always try to keep my stored ormus away from bright lights. Likewise I do not store it near electrical appliances or electrical wires. The feature of ormus that it does not like magnetic fields is especially important to understand, because we utilize this feature to “capture” ormus out of water with our ormus magnetic water trap.

Here is how it works: Since ormus does not like magnetic fields, we run a lot of water past a magnet. The water passes the magnetic field without incident, but the ormus that is present in the water does not want to go past the magnet. So it stays behind. In other words, the ormus accumulates in the water that is “upstream” of the magnet. Clever people have invented gizmos that will capture this accumulated ormus. They are known as “ormus accumulators” or “ormus water traps”. We will discuss this much more as we continue.

## **The Ormus Experience**

When you are ready to try ormus, there are a number of ways that you can proceed. I shall discuss each of these ways.

1. Buy Ormus from a supplier on the Internet.
2. Make your own Ormus water with a magnetic water trap.
3. Make your own Ormus with sacred geometry cylinders.
4. Make your own Ormus using the Wet Method.

## Buying Ormus from a supplier on the Internet

Probably the best way for you to begin your adventure with ormus is for you to buy some ormus. The Internet is the way to do this.

Simply go to your favorite search engine and search the keywords “ormus”, “ormes (another word for ormus)”, “white powder of gold”, or “David Hudson”. There are plenty of websites out there that deal with ormus. Probably the premium website is <http://subtleenergies.com> . This is the website of Barry Carter.



Barry Carter is a wonderful and pure man. He picked up the mantle after David Hudson went underground, and it is primarily due to Barry’s unselfish work that the word of ormus has spread so far and wide. He has spent years touring the country, conducting workshops and talks about ormus. He presents internet forums about ormus. His website has grown to where it is the definitive source of information about ormus. Barry has never made a lot of money doing this. He just seems to do it because someone has to do it. Thank God for Barry Carter.

On his website Barry will recommend reliable sources of ormus. All of them are good and reliable. But my favorite is Don Nance. His website is <http://oceanalchemistry.com> . I recommend that a beginner start with his “Great Salt Lake Manna”. An 8 oz. bottle costs \$50. This is a pretty much standard price. I started with this product. It is great for the beginner. Two weeks on this ormus and your world will begin to change right in front of your eyes. I recommend that you begin by taking ½ teaspoon of ormus twice daily, and gradually work up to a larger dose.

Why do I recommend Don Nance? Because I know him personally, and I know that he has a pure heart and puts very pure intent into his products as he makes them. I also recommend him because he is one of the ormus pioneers who has unselfishly taught and guided many others such as myself as we struggled to learn the amazing truths about ormus.

After you have begun taking ormus that you have purchased from a supplier on the Internet, you may then find that you are ready to tackle the challenge of making ormus yourself. My suggestion, based on my own experiences, is that you next begin to make your own ormus using an ormus water trap.

## The Ormus Water Trap

After one of our ingenious ormus pioneers figured out that you could use the fact that ormus avoided magnetic fields to “separate” out ormus from regular tap water, a variety of types of

ormus water traps began to appear in the Internet. Some gracious inventors even present detailed instructions (with pictures) on how to make your own water trap. I did this. It is a lot of work, and the parts cost a lot of money. It is much simpler to just buy one. Shown on this page is a picture of one of the water traps that is for sale in the Internet. It costs about \$200. But it will last for a lifetime. Not a bad investment.

How do you use it? Simple. You hook it up to a hose connection at your house, put a gallon jug on the other end, and turn it on. Now wait about 24 hours. During those 24 hours, about 4,000 gallons of water will have run through the water trap, leaving behind the ormus that was present in the 4,000 gallons. So now you have a gallon of water that collected the ormus that was present on 4,000 gallons of water. This is your accumulated ormus water.



Store this water safely. Shown on this page is a glass water bottle wrapped in two layers of aluminum foil, and then given a protective wrapping of duct tape [hey, I had to get duct tape in here somewhere! (smile)]. This is where I store my ormus water, protecting it from light, electrical and magnetic waves. I keep it in the pantry. I drink half a glass, twice daily.

My ormus water trap served me nicely for seven years. But I eventually got frustrated with wasting 4,000 gallons of water each time I made ormus. I have a well at my home, so this wasn't too bad. And my septic system meant that the water went right back into the local aquifer. So in a sense my water wasn't really wasted. But for my friends who were using city water, and paid for their metered water, the ormus water trap used a lot of water.

So when people such as Barry carter and Don Nance and Chris Emmons (another pioneer) began to show me other ways of making ormus, I continued on with my own ormus education.





## Shape Has Power: Using Sacred Geometry to make Ormus Water



This method of making ormus water is different from anything we have discussed. It uses the principles of sacred geometry to gather ormus from the universe.

Please remember that we have discussed that the elements of matter that comprise what we know as ormus has a consciousness, and also seems to have an aversion to bright light, electrical fields and magnetic fields.

We have used their aversion to magnetic fields to utilize a magnetic water trap to separate out the ormus that is found in ordinary drinking water. Thus we have made magnetic trap water. What we are just now realizing is that the ormus particles also have a consciousness. This explains why the ancient alchemists had to have purity of intent when they did their work, why the ancient Hindu gurus had to pray over their work, and why the European alchemists insisted on purity of intent in their work.

## A Short Explanation of the Powers of Sacred geometry

Now we will use the consciousness of the ormus matter to capture it in water. In this, we will use the principles of ancient Egyptian sacred geometry.

What is sacred geometry?

**Wikipedia Defines Sacred Geometry:** Wikipedia, the Internet dictionary, defines sacred geometry as follows: Sacred geometry is geometry used in the design of sacred architecture and sacred art. The basic belief is that geometry and mathematical ratios, harmonics and proportion are also found in music, light, and cosmology. This value system is seen as widespread even in prehistory, a cultural universal of the human condition. It is considered foundational to building sacred structures such as temples, mosques, megaliths, monuments and churches; sacred spaces such as altars, temenoi and tabernacles; meeting places such as sacred groves, village greens and holy wells, religious art, iconography and using "divine" proportions. We, the western societies, experienced this knowledge of Sacred geometry briefly. For when the Templars returned from the crusades in the 13th and 14th centuries they brought this knowledge with them. They had studied at the ancient Egyptian Mystery Schools, and they had access to this knowledge. The most famous cathedrals of Europe were built during this period. Even today we cannot duplicate the mystical and tranquilizing effects experienced by people who stand in the presence of their awesome power.

Basically, as I explain it, the universe is constructed using certain principles of harmonics and rules of proportion. If you are aware of this, it is possible to use these principles to capture beneficial forces from the universe. If you have designed a building that follows these harmonic



proportions, the building will have beneficial energies that other buildings do not. As has been observed in the ancient cathedrals of Europe that were built by the Templars, people who stand in these structures “feel better” and have a great sense of peace and harmony.

After the Crusades, the Templars built cathedrals all over Europe using sacred geometry. These cathedrals are now famous. It is actually the harmony and perfect proportions of these edifices, not their fancy detail, that cause them to be still so widely visited by thousands of tourists each year. In later centuries, other, more elaborate cathedrals and churches were built, but they lack the power of the edifices built according to the rules of harmony and proportion as taught by the Egyptians. For when the Templars were destroyed in 1307, their knowledge was mostly lost to the world.



Briefly, in a nutshell, what I learned is that there are sacred dimensions that resonate with the creative forces of the universe. The ancient Egyptians knew of this knowledge. They built their temples and municipal buildings according to these rules, using a knowledge of sacred geometry that many believe was brought to them from Atlantis. This sacred geometry was known to ancient civilizations in India, Central and South America, and elsewhere. The Taj Mahal is every bit as much an example of this ancient wisdom as is the Great Pyramid. What these ancient civilizations knew is that buildings built using the universal laws of sacred design would enhance the physical being of the people who occupied these buildings. Somehow special energies that exist in the universe are drawn to or amplified in these structures so that the overall health, sense of well-being and spiritual balance of those people who inhabit the structures are enhanced.

To the Egyptians, the square and the circle were their two most powerful shapes. Shown on this page is a house in India that is built on this principle. The central patio and the house dimensions are perfect squares.

A three-dimensional extension of the circle is the cylinder. A cylinder, by the very nature of its perfect harmony, attracts beneficial energies from the universe. For a reason that we do not understand, it also attracts ormus elements. They apparently like to “hang out” in a cylinder. We do not know why, we just know that they do.

So we stumbled onto a really great way to make ormus water. It works. We don’t know why. It just works.

This is a great way to make ormus water because:

1. There is almost no cost.
2. It does not waste any water, as does the magnetic water trap method.
3. It is simple and inexpensive to build the cylinders that you need for this method.
4. It uses discarded wine bottles and cardboard cylinders, PVC pipe, or coffee cans for the cylinders. All are readily available.



### **Proof that it works.**

When I began to use this method, I was skeptical. It was too easy. How could something so easy to build and use work? I was drinking the water. It seemed to be working on me. But measuring such things is subjective. I wanted some proof that was more independent.

So I did an experiment. It was winter. I took two clay flower pots, added potting soil and some cucumber seeds. I set them up in front of a window in my house. A picture of the two pots is shown. Then I watered the pot on the left with water that had spent three days in my three concentric cylinders. I watered the pot on the right with untreated water. The results, shown after ten days, are dramatic.

I strongly recommend that you do a similar experiment yourself. It is easy to do, and is cheap. And it will do wonders to remind you that what you are doing works!

### **How My Three Cylinder Method Works:**

I like to build my cylinders using cardboard mailing tubes for the cylinders. But I have also used PVC pipe, tin cans, what-have you. What is important is the shape, and it doesn't seem to matter what the cylinders are made of. I first used just one cylinder. It took a week for the water to be fully energized with ormus. Then I found that if I used three cylinders, each one inside the other, that the treatment time was cut to three days. So that is the method that I use now. Shown above is one of my three-cylinder systems. I use an empty 1.5 liter wine bottle, filled with water. I store it in the cylinders for three days. I have eight of these 3-cylinder systems in use. They fill one shelf in the kitchen pantry. I try to drink at least one-half of a bottle of this treated water daily.

I start out each morning using this water to make my coffee. Boiling doesn't seem to bother the ormus. Then, during the day, I drink water from the bottle as I get thirsty. As time progresses, you will be able to drink more and more of the water. The more that you drink, of course, the faster you will get results.

I ordered my mailing tubes off of the Internet. I used Yahoo Mills as my supplier. I ordered 5 inch diameter, six inch diameter, and eight inch diameter mailing tubes. I cut them to a length of 12 inches. The cost of enough tubing to make my eight 3-cylinder systems was about \$200. This is not cheap. But then again, these systems should last me for the rest of my life. Some of my friends have used discarded carpet roll cores to make their cylinders.

I also cut some old wine bottle corks into short pieces that I glued (using construction adhesive) between the cylinders to hold them all in place. You can see this in the above picture.

Well, this form of ormus that is made in concentric cylinders is very helpful. It will extend longevity and give you many health benefits. It helped me greatly. But I gradually, after a number of years of only drinking this ormus water, realized that I also needed to take another stronger form of ormus in order to reach the goals of longevity and spiritual balance that I sought.



Thus it was that I also began to make a stronger ormus product that I consumed in conjunction with my sacred cylinder water. This stronger ormus is made using what is called “the wet method”. It extracts ormus from sea water. We will discuss this method now.

## **The Wet Method of making Ormus**

This method will make for you the same ormus that you previously bought from Don Nance.

This simple method can be done in your kitchen. It is called the wet method because it is made from sea water (or Great Lakes water), or a mixture of water and fresh sea salt. There are a number of recipes on the Internet that tell how to use this method to make an ormus product. I tried many of them, and I could never get them to work. Therefore for year after year I stuck with using ormus water made from my ormus magnetic trap.

Then I attended an ormus conference in 2009. One of the presenters was a wonderful man by the name of Don Nance. His talk to us was good, but what really blew me away was the generosity and lovingness with which he readily shared all of his knowledge with us. As I have previously

mentioned, Don makes an ormus product that he sells on the Internet. Therefore one could assume that he would be reluctant to share his secrets with the world. Not so. He freely gave us wonderful and detailed instructions, as he personally demonstrated to us his wet method process. So now that is the process that I personally use. And that is the process that I am going to show you now.

You will need the following:

1. A large glass mixing bowl, at least 5 qt. capacity.
2. A hand-held ph meter. The one shown here costs about \$40.00 and I bought it off the Internet. Be sure to get one that reads from the 7.0 to 12.0 ph range.
3. Two wooden clothespins, glued together as shown, to hold the ph meter in the bowl. This frees up both of your hands for the mixing operation.
4. A pint (16 oz.) of concentrated and purified sea water or Great Lakes salt water. The bottle shown cost less than \$10.00 and was found on the Internet. If you choose to try regular salt water, it will have to be carefully boiled and filtered to remove all impurities, and you will use 32 oz. of regular sea water.
5. A non-metallic stirrer. A regular kitchen plastic spoon works. I use a cheap wooden paint stirrer that is 12 inches long.
6. A glass measuring cup, at least one-cup capacity.
7. Pure lye (sodium hydroxide). I bought mine from a science supply company on the internet. The government has started making the Red Devil Lye Company put ingredients in their lye so it is no longer safe to use Red Devil Lye. Some people buy their lye from plumbing supply stores.
8. Two gallons of pure distilled water. I buy mine at the grocery store and pay about \$1.00 per gallon. It is important to use pure distilled water because not only is it clean, it has no minerals in it that might interfere with the chemical reactions.
9. A small bottle of white distilled vinegar. This will be used in an emergency, should you accidentally raise the ph of your mixture past 10.78. You will immediately add a small amount of the vinegar (an acid) to reduce the ph back down below 10.78.

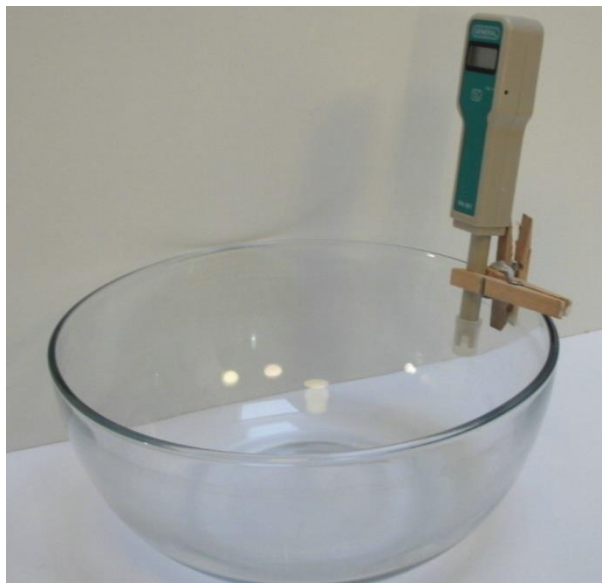




10. About 4 ft. of clear 3/8 inch plastic tubing.

## The Process

1. Add the 16 oz. bottle of sea mineral water to the bowl.
2. The distilled water should be a room temperature. Now add the distilled water to the bowl. Fill the mixing bowl to within 1.5 inches of the top with distilled water.
3. Put two teaspoons of powdered lye into the small glass measuring cup. Now add 16 teaspoons (the ratio is 8 times as much water as there is lye) of water to the cup, and gently shake to mix. Heat should be given off as the water and lye mix. Note: Never add lye to water, it may explode and burn your eyes or skin. Water and lye can be dangerous. It will burn your eyes, skin and clothing if you are not careful.
4. Turn the calibrated ph meter on and mount it in the wooden clothespin holder on the side of the bowl.
5. Check the ph of the water in the large mixing bowl. It should be somewhere between 7.5 and 9.0.
6. Now the most important and critical part. You must be very patient and methodical. If you try to rush this, you may ruin your batch. **Do this part very slowly.** Begin to stir the mixture of water with the mixing spoon. Now slowly pour a very small trickle of lye water from the measuring cup into the bowl as you continue stirring. From now on, you must continuously stir the water until the target ph of 10.7 is reached. Watch the ph meter carefully. As you very slowly add the lye water, the ph of the mixture should slowly rise. The emphasis is to pour **slowly!** Keep stirring the mixture at all times to insure that the ph meter is getting a correct reading of the exact ph of the mixture. As you do this, you may observe the phenomenon that there are “level spots” in the ph reading. This means that you will get to a spot where, as you continue to add lye water, the ph does not go up. Be very carefully here. You have hit a level spot. The tendency here is to get impatient and add too much lye water. This will be a mistake, because once the level spot has been passed, the ph may just jump dramatically.
7. Your objective is to get the mixture raised to a ph of exactly 10.78. Many ph meters will read to only 10.7. This is good enough! Actually, when you get the mixture to a point where the ph meter fluctuates between 10.6 and 10.7 you are



finished. This is good enough. You can stop now. What happens now is that the monatomic elements of gold, silver, rhodium, iridium and platinum settle out of the sea water when the ph gets to around 10.6 to 10.7

8. If you accidentally get the ph of your mixture to 10.8 or above, quickly add a small amount of white vinegar to bring the ph down again below 10.7, and start over.
9. Once you have your mixture at a steady ph of 10.6 to 10.7 you are finished. You will notice that a white material has begun to settle out of the water. This white material is the monatomic form of gold and other precious metals that is precipitated from the precious metals that naturally exist in the sea water.
10. At this point you must wait from 4 to 6 hours for the white material to finish precipitating. I usually wait overnight for this to happen. I place a large inverted platter over the mixing bowl to protect the ingredients, and then cover everything with a towel to keep light out.
11. The next morning you will notice that the white precipitate is now concentrated in the bottom 1/3 of the bowl. This wet white precipitate is what you want to harvest. So, using the 4 ft. piece of 3/8 inch plastic tubing, carefully siphon as much of the clear water out of the bowl as is possible without disturbing the white precipitate on the bottom. My procedure is to place one end of the clear plastic tubing in the same wooden clothespin holder that I used to hold the ph meter. Then I adjust the end of the tubing so that it rests about 3/16 in. above the white precipitate. Then I place the other end of the tubing into a white plastic 5 gallon bucket that is on the floor. Suck on that end until the flow of water starts, then place that end into the bucket as the clear water drains out of the mixing bowl.
12. You will be left with the layer of white precipitate in water plus about 3/16 inch of clear water above it. This is the final product. Pour it into a pitcher and then store in glass bottles. I wrap my bottles in aluminum foil to protect the precipitate as much as possible from magnetic and electrical fields.

This is it. Now you have made a 4 to 6 week supply of ormus precipitate that is powerful and effective. Begin by taking ½ teaspoon twice daily and gradually build up to two tablespoons twice daily. The cost for this 4 to 6 week supply will be about \$10.00. Not bad!

Further notes:

1. Many people choose to take their bowl that has the wet precipitate in it and add more distilled water to refill the bowl. They stir the mixture again. Then they repeat the settling process, again draining off the excess water. They may do this 3 or 4 times. This is called “washing” the precipitate. It removes most of the salty taste from the precipitate.
2. I prefer to not “wash” the precipitate. I have several reasons for this. First of all, I like the salty taste. And the natural sea salt is healthy for you, giving you beneficial minerals and trace elements from the sea water. But there is a more important reason. The salt in the mix protects the ormus particles from damage by light, electrical and magnetic fields. For some reason, the ormus likes to “hide out” in the salt matrix. So by leaving the salt in the mix, you have a better and stronger ormus product, with an improved shelf life.

## Conclusion and Summary

Well, this has been a wild ride, hasn't it? Your belief systems have really taken a beating. It is really difficult for most people to accept what you have just read. I understand this myself, because I too had to go through this torturous tunnel when I first began this journey.

Congratulations to you for being courageous and brave. Yes, you are courageous and brave if you have made it to this point in the booklet!

This booklet could, of necessity, only be a brief overview of this very complex subject. Many questions may flood your head after you have read this material. I hope that you will use the wonderful abilities of the Internet and also the books listed in the Bibliography as starting points to do a more complete research of this fascinating discovery of ormus.

As I delved deeply into this subject, I gradually came to the realization that most people cannot handle this information because they are not, at this time in mankind's development, ready for this information.

Just as in ancient times, a small number of people are allowed access to this life altering information. But there is an important difference this time. In ancient times it was the high priest and the nobility who were entitled to partake of the white powder of gold. Now, in today's world, it is the brave adventurer, the seeker of truth, the most intelligent of people, who are allowed to access this knowledge. I like this. It certainly seems more fair!

So my best wishes to you as you begin your own exciting journey. I am enclosing in the Addendum several photos and several testimonials that may provide some additional value to you.

And yes, one final (and very wild) thought that I wish to share with you (I just can't help myself!). As I worked with this strange stuff called ormus, and as I accepted that it had a consciousness, I gradually began to be aware that it is friendly. Then, finally, the awesome truth hit me. I believe that ormus is a "love component" of the universe. I now believe that ormus is something that God created that is part of his awesome love that he has for us. I realized that ormus loves us, and wants to help us. That is why when you pray over your ormus-making process, you get more ormus than otherwise. That is why if you ask it to help you, your results will be better. That is why the ancients knew that ormus should only be made by those of a pure heart. Love is attracted to love. So let's go for the love!

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## **Addendum**



**54 years old**

**56 years old on ORMUS copper**

Here are interesting “before and after” pictures of a man who took ormus for two years.

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## **A Treatise: How Ormus repairs DNA and how it works**

This information in this section is extracted from the book *The Philosopher Stone* by Henry Kroll.



In order for body cells to replicate they have to split the genes of the old cell to produce a new cell, the old cell sharing the genes with the new cell. The process of “unzipping” the gene codes completely, without damaging the gene codes, requires that certain minerals be present. These minerals are the monatomic mineral state of gold and platinum.

This critical process is made more difficult in these modern times because of our mineral-deficient diets. The soils that most of our vegetables and fruits are grown on have long-ago become deficient in most of the 84 minerals and trace elements that we need for perfect health. Linus Pauling, two-time Nobel Prize winner, stated, “You can trace every sickness, every disease and every ailment to a mineral deficiency”.

Each time a cell replicates, it loses a few of the gene chains called tellimires. When enough of the tellimires are gone, the cell dies. Thus it is the loss of these tellimires in the body cells that causes aging. If a cell has enough of the right superconducting minerals during cell replication it doesn’t lose any tellimires. Therefore it can replicate indefinitely.

If a person’s body is saturated with monatomic-state elements of gold and platinum, it is possible for a person to live for hundreds of years free of disease and without the problems of aging. [Perhaps this helps to explain the Old Testament people who were reported to live for many hundreds of years.]

In addition, the monatomic-state silver minerals in Ormus also play an important part in your health. The monatomic silver elements are tied to the very process of life itself. Monatomic silver kills disease organisms, promotes major growth of bone, and accelerates the healing of body tissue. It also speeds up the cell replication process.

Concerning the type of people who are able to accept ormus into their lives, Mr. Kroll states, “Some people are drawn into this knowledge from a very deep part of their soul”. Enough said. If you are reading this, this probably means you.

Moses had several methods of making manna. When they were travelling in the desert, he and his brother Aaron took desert soil that was high in alkalinity and boiled it in alkaline water for several days. As the water boiled away, they added

more alkaline water that they got from certain desert springs, making the brew even more alkaline. They then cooled the high-alkaline mixture and added vinegar to drop the ph. As the ph dropped, a milky substance formed. This was the monatomic states of the precious metals previously mentioned. The clear liquid was poured off, and the milky substance that was left over was their manna. This milky liquid was baked into whatever grains they had with them, and the resulting loaves were their “shewbread”, their life-sustaining food that got them through the desert wilderness.

Anyone who has made Ormus using the Wet Method will be impressed with the similarities between these two methods.

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Note: The below testimonials were taken from Barry Carter’s website.

## **Multiple Sclerosis and White Gold**

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Mrs. Terri B. lives in a mountain village with a generally quality of environment unsurpassed in this country. Her general physical deterioration began in July 1982 and she was diagnosed as a victim of multiple sclerosis in 1986. The last time she walked was in 1998.

In October 1999 Terri began regular daily use of Mountain Manna’s platinum/iridium version of white gold (ormus). By that time her disease had reached a very advanced stage. She was a 100% disabled quadriplegic. She could not hold her head erect, use her hands or speak. She had no voluntary motor control. Her face was expressionless and her eyes showed only faint flickers of lucid awareness and a very faint life force. She was able to communicate a few needs in a body language, which none but the immediate family could interpret.

Full time care treatment required a heavy medication routine. Full nervous system seizures necessitating air transport to a city hospital in the next county occurred with frightening regularity--sometimes weekly.

During her early use of Mountain Manna Terri noticed something that caused her to signal to her husband a desire for more than he was giving her each day (1 teaspoon).

Not wishing to exceed this measured trial amount, her husband was cautious to keep the bottle of manna out of Terri's reach. However, one day when no one was looking, she managed to drink about 4 ounces of the tincture. Following this Terri had the best three days she'd had in many years. She walked a few steps on several occasions and smiled for the first time in over a year. Her husband relates, "She seemed to be on a cloud for several days."

When he heard of Terri's situation and her early response to a version of White Gold, Barry Carter donated a bottle of Mountain Manna's most concentrated mother tincture in hopes of accelerating the pace of apparent benefits.

From this point Terri's condition has improved at a steady obvious reversal of the long-term trend of deterioration.

Most of the improvements in Terri's condition have been gradual but in comparison to her condition in October of 1999, when she started taking the product, the changes have been dramatic. She now talks well enough for all to understand her. She is often joking, gesturing and smiling. Her mind is obviously active and that is where the healing began.

Terry describes the experience as like coming out of a perpetual fog. Even her emotions have been in a sleeping state and this reawakening was like feeling them for the first time.

While a snapshot observer of Terri then and now would conclude that she is now much improved and well on the road back to full health, the estimates of milestones reached to date probably range from 1/4 to 1/3 of the full distance back. A disease which has held control for at least 13 years may take a few years to disappear entirely.

The fact that the long term trend of deterioration (13 years) has been halted and apparently reversed can, as of yet, be attributed to no cause other than her recent use of Mountain Manna's white gold.

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## **D's Report**

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D is a 41-year-old woman who has been taking m-state that was made from a rock source and also the trap water since the first week of January 2001. She has been on a natural diet for 20 years but has been under a lot of stress since 1998. With the onset of this stress she got shingles on her back, across her shoulders and under her breasts. The shingles presented as open,

oozing, itchy sores that became worse at the time of menstruation. Here is a picture of this condition taken on January 13, 2001:



Open, weeping shingles sores on 1/13/01

The preceeding photo was taken after taking m-state for a week and she had already noticed significant improvement. She also was putting m-state mixed with olive oil on her back. The sores were not as itchy and some of the open sores had closed. Another picture was taken on February 5, 2001:



Most of the sores have disappeared by 2/5/01

Notice that most of the sores have gone but there is a small patch of new sores on the lower left.



This picture, taken on 3/9/01 (two months after the first image), shows almost complete healing.

While she has been using the m-state from rock and trap water, her menstrual cycle "went from a week long difficulty to a few days of hardly even knowing it was there". Now she says she is "able to move" and even has "endurance for the day". On the second day of her last period she even went skiing. She has had cramping and pain for a week out of every cycle for the entire time since the onset of menses. She says that it has never been this easy before in her entire adult life.

Her first period after starting the m-state was somewhat easier than normal but she still felt it coming on. The second period (which coincided with the full moon) came almost without warning and it was a bit shorter cycle than usual. It "just came and within three days it was done and [there was] no real pain".

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## **Report From Pat and Jim Wilson**

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We are Jim and Pat(ricia) Wilson. Our story, which follows, will be updated as progress is noted. I thought it might make it easier for people to know about whom they are reading.

Jim's medical history is complicated: 15 years ago he underwent extensive radiation and chemotherapy before removal of his large intestine (ileostomy) and sealing off his rectum. About 5 years later he was diagnosed with fibromyalgia.

Eighteen months ago, in June of 2001, his PSA (Prostate Specific Antigen) went from .02 to 10.90 in a matter of 6 months. Because of the pre-existing conditions the Urologist and Oncologist both told him there was nothing to be done, and he accepted the reality. The Urologist actually said: "You might as well go home and wait to die." He then became seriously depressed.

By the end of September 2001 pain was wracking his body; across his chest, in his

shins, hips, back, down his spine, in his wrists, thumbs and head. This made sleep almost impossible. He would doze for one hour, snap to consciousness, thrash around the apartment for 2 or 3 hours, go back to bed, and repeat the entire thing. This was disturbed only by the constant urge to urinate, which resulted in a frustrating trickle, at best. During this time his hair turned white, his facial color was gray/green and his mood black. At Christmas 2002 my daughter and her friends fondly dubbed Jim "The Grinch".

A friend suggested that I look David Hudson up on line. I started a pursuit that led me to write to Barry Carter, who responded immediately. That initial conversation led me to write to Arthur at Ambrosia Technology (Liquid Chi), Rev. Bruce at Pureganic (Pureganic Mineral Powder & Pureganic Liquid Manna) and Chaz at Priestess Alchemy (Megahydrin, internally, and various elixirs, lotions & potions, topically), Kim at HealthWave, In'l (Silver Micro-Nutrient).

We are using all of the above-mentioned Ormus products, simultaneously. This may not seem fair to the manufacturers, as our results are not clear-cut as a product-by-product comparison. However, our situation is not one which has the luxury of time on its side, drastic situations require drastic approaches. The result of our use of these products follows:

As the items arrived on different dates, we started with each separately. Prior to our initial ingestion I took our height, weight and made other notations. What I could not do was take photos, as we have a good camera & no film & no battery. However, we do have friends and neighbors who will testify as to the visible and personality changes which have occurred in the past 5 weeks.

First of all, from the first dose of Pureganic's Liquid Manna and Pureganic Mineral Powder Jim started (about one hour after ingesting both products) to sleep. His initial reaction was to sleep for 12 straight hours. I thought he was dead, and in spite of my hourly checking for breath, did not/could not awaken him. That ability to sleep has continued. However, about a week ago the 12 hours dropped off to 8 hours. He apparently is not requiring such an extended period of sleep. However, we started to run out of Liquid Manna about 6 days ago and reduced our dosage from 2 droppers full to one dropper full. Yesterday his energy was dramatically reduced. Also, his pain levels have increased. These changes are in spite of the fact that we continue to utilize other Ormus products simultaneously with the Pureganic products. Obviously, since this is the only change in ingestion, the Liquid Manna is very important to his continued progress.

Second of all, his hair color has begun to return! Eyebrows are back to reddish brown,

mustache is now visible and hair color has gone to a darker shade of gray. His flesh color is rosy, as opposed to gray/green and his muscle tone, without benefit of exercise, has increased. His attitude is vastly improved. He is starting to talk about goals and plans, rather than dwelling on the impossible to change! I believe that the depression is lifting more rapidly than it descended. All of this while our nation is barraged with talk of war and disaster. Certainly this change in mindset is more than coincidence.

Thirdly, on the fourth day after starting all of this, Jim began to notice a whirring sound which followed him everywhere. Sometimes deep, sometimes light, but always there.

Fourthly, Jim has had several small ulcers on his right shin for about a year, which would not heal, even with topical application of the Priestess products, so we started spraying them with The HealthWave Energized Silver Micro-Nutrient 2 days later the largest ulcer was shrinking. It has reduced in size from that of a quarter to a nickel.

Finally, there is a marked increase in libido.

Considering the diagnosis, prognosis and progression of Jim's condition I would say that all the above changes are miraculous and most welcome.

Let me add that we have been using only filtered water for one year, and are on a relatively organic diet. No preservatives in anything eaten here at home, and since we rarely go to anyone else's to eat, that eliminates most unwanted/unneeded chemicals. We have removed coffee, white sugar, salt and milk, everything is made from "scratch".

Thanks to all in the Ormus movement who have shared their experiences and philosophy with us. We are grateful to be part of this incredible family and look forward to updating you over the course of our full recovery.